



# NNPS Wellness Expo

**Saturday,  
March 24, 2018  
9 a.m. to 12 p.m.  
Heritage High School  
5800 Marshall Avenue  
Newport News**



12507 Warwick Blvd.  
Newport News, VA 23606

## **The NNPS Wellness Program encourages our employees and their families to move, eat, think and be well.**

The goal of the NNPS Wellness Expo is to introduce our families to the tools and resources they need to improve or maintain healthy living.

The NNPS Wellness Expo will help connect your service or business to the NNPS community. The Wellness Expo will be promoted to our 5,000 employees and their 10,000 family members as a morning of information and healthy fun for everyone.

## **Introduce your services to our employees and their families.**

NNPS is seeking fitness and health-care partners to participate in the Wellness Expo.

Set up a display table, host a brief exercise or fitness demonstration, give a 20-minute educational workshop, provide free health screenings, host a children's activity station, present a "stress free" zone with massages, offer NNPS employee discounts or donate door prizes.

**Register by Friday, February 23rd at  
[www.nnschools.org/wellnessexpo](http://www.nnschools.org/wellnessexpo)**



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*We invite  
you to be a  
vendor at the*

NNPS  
**Wellness**  
**EXPO**



**Join Us!**

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**Help the NNPS community get on the path  
to better health.**

For more information and to register as a vendor for the  
Wellness Expo, visit [www.nnschools.org/wellnessexpo](http://www.nnschools.org/wellnessexpo)  
or call 881-5061 ext. 11102.