

Newport News Public Schools  
Enterprise and New Horizons

# MENUS FOR MARCH 2024

This institution is an equal  
opportunity provider  
and employer.

**YOU'RE  
GOOD**



**ALL STUDENTS EAT ALL MEALS @  
NO COST ALL YEAR LONG**

NEWPORT NEWS CHILD NUTRITION SERVICES

Monday, March 4

## Breakfast

Banana Bread  
Fruit-Juice-Milk

## Lunch

Stuffed Crust Pizza  
Fiesta Hot Pocket

## Choose Two:

Broccoli

Sweet Potatoes

## Choose Two:

Mandarin Orange Cup  
Whole Fresh Fruit

Tuesday, March 5

## Breakfast

Dunkin Stick  
Fruit-Juice-Milk

## Lunch

Popcorn Chicken Bowl  
w/Roll

Pizza Calzone

## Choose Two:

Mashed Potatoes w/Gravy  
Corn

## Choose Two:

Mixed Berry cup  
Whole Fresh Fruit

Wednesday, March 6

## Breakfast

Bacon Breakfast Pocket\*  
Fruit-Juice-Milk

## Lunch

Bacon Cheeseburger\*  
Chicken Wings  
w/Cornbread Muffin

## Choose Two:

Onion Rings & Hash Brown  
Baked Beans

## Choose Two:

Applesauce Cup  
Whole Fresh Fruit

Thursday, March 7

## Breakfast

Asst. Mini Pancakes  
Fruit-Juice-Milk

## Lunch

Spicy Chicken Patty on Bun  
Breakfast for Lunch\*  
w/Apple Cinnamon  
Texas Toast

## Choose Two:

Hash Browns  
Collard Greens

## Choose Two:

Spiced Apples, Whole Fruit

Friday, March 8

## Schools Closed

Teacher  
Planning  
Day

**AVAILABLE DAILY**

**PB&J Uncrustable**

**Yogurt w/String Cheese w/Cheeze-its**

**Baby Carrots-Garden Salad**


**Apple Slices-Cut-up Fruit**

**Whole Fresh Fruit**

**Nonfat White, Low-fat White  
and Low-fat Chocolate Milk**

**\*Menu item may contain pork**

## OUR NATION'S HISTORY



During the month that we celebrate St. Patrick's Day, it's interesting to note that an Irish-born architect (James Hoban) designed and oversaw the building of the White House in Washington, D.C. -- not just once, but twice! Hoban first built the original White House in the 1790's, and he then rebuilt it after the British burned out the building during the War of 1812, as pictured here.

## WITH LIBERTY & JUSTICE FOR ALL

## SWEET TOOTH

The Honey Badger of Africa and Asia is really closer to a weasel than a true badger, but one thing about its name is definitely true: the honey badger loves honey and will avidly seek out beehives to get at it. Of course, the honey badger will also eat pretty much anything it finds -- rodents, frogs, snakes, insects, turtles, birds, lizards, eggs, vegetables, and whatever else it comes across. They've even been known to chase away young lions and steal their kills. Guess the honey badger really doesn't care!



Monday, March 11

**Breakfast**

Breakfast Break  
Fruit-Juice-Milk

**Lunch**

Buffalo Chicken Pizza  
Meatball Sub

**Choose Two:**

Sweet Potato Waffle Fries  
Green Peas

**Choose Two:**

Dole Fruit Gel Cup  
Whole Fresh Fruit

Tuesday, March 12

**Breakfast**

Sausage & Cheese Waffle  
Fruit-Juice-Milk

**Lunch**

Teriyaki Chicken Bowl  
w/Fried Rice & Roll  
Stromboli\*

**Choose Two:**

Corn

Broccoli

**Choose Two:**

Peach Cup  
Whole Fresh Fruit

Wednesday, March 13

**Breakfast**

Waffle Envy  
Fruit-Juice-Milk

**Lunch**

Nachos w/Roll  
Boneless Chicken Wings  
w/Roll

**Choose Two:**

Refried Beans

Roasted Carrot Sticks

**Choose Two:**

Pear Cup  
Whole Fresh Fruit

Thursday, March 14

**Breakfast**

Zee Zee's Smore Bar  
Fruit-Juice-Milk

**Lunch**

Beef Hot Dog on Bun  
w/Chili & Cheese  
Pizza Crunchers

**Choose Two:**

Mashed Potatoes w/Gravy

Baked Beans

**Choose Two:**

Mandarin Orange Cup  
Whole Fresh Fruit

Friday, March 15

**Breakfast**

Smoothie w/Muffin  
Fruit-Milk

**Lunch**

Crispy Chicken Patty on Bun  
Garlic French Bread

**Choose Two:**

French Fries

Mixed Vegetables

**Choose Two:**

Mixed Berry Cup  
Whole Fresh Fruit



**What did the  
Teddy Bear  
say when  
he was  
offered  
dessert?**



**“No, thanks. I’m stuffed!”** Actually, that’s not a bad answer for a real kid, too. Foods that are mainly sugar, fat, or oil -- like candy and desserts -- are fine in small portions and once in awhile. But they should not replace healthy foods in your diet and they should not be an every day choice!

**Learn more at [www.CHOOSEMYPLATE.gov](http://www.CHOOSEMYPLATE.gov) or [http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)**

Monday, March 18

**Breakfast**

Banana Bread  
Fruit-Juice-Milk

**Lunch**

Corndog Nuggets  
Chicken Thigh or Leg  
w/Garlic Stick

**Choose Two:**

Potatoes Au gratin  
Green Beans

**Choose Two:**

Applesauce Cup  
Whole Fresh Fruit

Tuesday, March 19

**Breakfast**

Dunkin Stick  
Fruit-Juice-Milk

**Lunch**

Sal's Pizza  
Chicken Nuggets w/Roll

**Choose Two:**

Corn

Spinach

**Choose Two:**

Pineapple Cup  
Whole Fresh Fruit

Wednesday, March 20

**Breakfast**

Bacon Breakfast Pocket\*  
Fruit-Juice-Milk

**Lunch**

Crispy Chicken Patty on Bun  
Beef Sliders

**Choose Two:**

Fiesta Black Beans

Roasted Butternut Squash

**Choose Two:**

Mixed Fruit Cup  
Whole Fresh Fruit

Thursday, March 21

**Breakfast**

Asst. Mini Pancakes  
Fruit-Juice-Milk

**Lunch**

Cheese Stuffed Bread Sticks  
Pretzel Dog

**Choose Two:**

Broccoli

Tomato Soup

**Choose Two:**

Mixed Fruit Cup  
Whole Fresh Fruit

Friday, March 22

**Breakfast**

Breakfast Benefit Bar  
Fruit-Juice-Milk

**Lunch**

Mozzarella Cheese Sticks  
Chicken & Waffles

**Choose Two:**

Cole Slaw

French Fries

**Choose Two:**

Pear Cup  
Whole Fresh Fruit

Monday, March 25

**Breakfast**

Breakfast Break  
Fruit-Juice-Milk

**Lunch**

Stuffed Crust Pizza  
Fiesta Hot Pocket

**Choose Two:**

Broccoli

Sweet Potatoes

**Choose Two:**

Mandarin Orange Cup  
Whole Fresh Fruit

Tuesday, March 26

**Breakfast**

Sausage & Cheese Waffle  
Fruit-Juice-Milk

**Lunch**

Popcorn Chicken Bowl  
w/Roll

**Choose Two:**

Pizza Calzone

Mashed Potatoes w/Gravy

Corn

**Choose Two:**

Mixed Berry Cup  
Whole Fresh Fruit

Wednesday, March 27

**Breakfast**

Waffle Envy  
Fruit-Juice-Milk

**Lunch**

Bacon Cheeseburger\*  
Chicken Wings  
w/Cornbread Muffin

**Choose Two:**

Onion Rings & Hash Brown

Baked Beans

**Choose Two:**

Applesauce Cup  
Whole Fresh Fruit

Thursday, March 28

**Breakfast**

Zee Zee's Smore Bar  
Fruit-Juice-Milk

**Lunch**

Spicy Chicken Patty on Bun  
Breakfast for Lunch\*  
w/Apple Cinnamon

Texas Toast

**Choose Two:**

Hash Browns, Collard Greens

**Choose Two:**

Spiced Apples  
Whole Fresh Fruit

Friday, March 29

**Breakfast**

Smoothie w/Muffin  
Fruit-Juice-Milk

**Lunch**

Grab and Go

