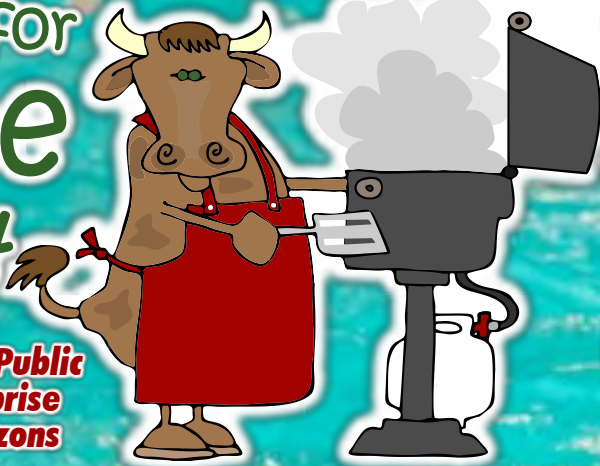


Menus for June 2024



Newport News Public Schools Enterprise and New Horizons

This institution is an equal opportunity provider. Menus are subject to change.

Available Daily

PB&J Uncrustable
Yogurt w/String Cheese w/Cheeze-its
Baby Carrots-Garden Salad
Apple Slices-Cut up Fruit
Whole Fresh Fruit
Nonfat White, Low-fat White and Low-fat Chocolate Milk
**Menu item may contain pork*



Can you take a yolk?



Eggs are a great source of high quality protein and nutrients. But which is correct to say: "The **YOLKS** of the eggs are white" or "The **YOLK** of the eggs are white"?

A: Neither is correct. Egg yolks are yellow!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, June 3

Breakfast

Banana Bread
Fruit-Juice-Milk

Lunch

Stuffed Crust Pizza
Fiesta Hot Pocket

Choose Two:

Broccoli
Sweet Potatoes

Choose Two:

Mandarin Orange Cup
Whole Fresh Fruit

Tuesday, June 4

Breakfast

Dunkin Stick
Fruit-Juice-Milk

Lunch

Popcorn Chicken Bowl w/Roll
Pizza Calzone

Choose Two:

Mashed Potatoes w/Gravy
Corn

Choose Two:

Dole Fruit Gel Cup
Whole Fresh Fruit

Wednesday, June 5

Breakfast

Bacon Breakfast Pocket*
Fruit-Juice-Milk

Lunch

Bacon Cheeseburger*
Manager's Special

Choose Two:

Onion Rings & Hash Brown
Baked Beans

Choose Two:

Applesauce Cup
Whole Fresh Fruit

Thursday, June 6

Breakfast

Asst. Mini Pancakes
Fruit-Juice-Milk

Lunch

Spicy Chicken Patty on Bun
Breakfast for Lunch*

Choose Two:

w/Apple Cinnamon
Texas Toast

Choose Two:

Hash Browns, Collard Greens
Whole Fresh Fruit

Friday, June 7

Breakfast

Breakfast Benefit Bar
Fruit-Juice-Milk

Lunch

Chicken Parmesan
w/Garlic Stick

Choose Two:

Individual Pizza Pie
Steamed Cabbage

Choose Two:

French Fries
Pineapple Cup

Whole Fresh Fruit

Monday, June 10

Breakfast

Breakfast Break
Fruit-Juice-Milk

Lunch

Buffalo Chicken Pizza
Meatball Sub

Choose Two:

Sweet Potato Waffle Fries
Green Peas

Choose Two:

Dole Fruit Gel Cup
Whole Fresh Fruit

Tuesday, June 11

Breakfast

Dunkin Stick
Fruit-Juice-Milk

Lunch

Teriyaki Chicken Bowl
w/Fried Rice & Roll

Choose Two:

Stromboli*
Corn

Choose Two:

Broccoli
Peach Cup

Whole Fresh Fruit

Wednesday, June 12

Breakfast

Waffle Envy
Fruit-Juice-Milk

Lunch

Nachos w/Roll
Boneless Chicken w/Roll

Choose Two:

Refried Beans
Roasted Carrot Sticks

Choose Two:

Pear Cup
Whole Fresh Fruit

Father's Day June 16

Hang out with Dad!



Salad of the Day

Monday-Chef's Salad* w/Garlic Stick

Tues-Country Chicken Salad w/Crackers

Wed-Southwestern Chicken Salad w/Cornbread Muffin

Thurs-BLT Salad* w/Garlic Stick

Fri-Hawaiian Chicken Salad w/Lemon Bread