



NNPS Wellness Expo

**Saturday,
March 23, 2024
9 a.m. to 12 p.m.
Heritage High School
5800 Marshall Avenue
Newport News**



12507 Warwick Blvd.
Newport News, VA 23606

The NNPS Wellness Program encourages our employees and their families to move, eat, think and be well.

The goal of the NNPS Wellness Expo is to introduce our families to the tools and resources they need to improve and maintain healthy living.

The NNPS Wellness Expo will help connect your service or business to the NNPS community. The Wellness Expo will be promoted to our 5,000 employees and their 10,000 family members as a morning of information and healthy fun for everyone.

Introduce your services to our employees and their families.

NNPS is seeking fitness and health-care partners to participate in the Wellness Expo. *Registration to participate in this event is free to vendors.*

Set up a display table, host a brief exercise or fitness demonstration, give a 20-minute educational workshop, provide free health screenings, host a children's activity station, present a "stress free" zone with massages, offer NNPS employee discounts or donate door prizes. *We ask all vendors to donate a door prize that we will raffle off to the NNPS employees at the end of the event.*

**Register by Friday, February 23rd at
www.nnschools.org/wellnessexpo**



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*We invite
you to be a
vendor at the*

NNPS
Wellness
EXPO



Join Us!

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**Help the NNPS community get on the path
to better health.**

For more information and to register as a vendor for the
Wellness Expo, visit www.nnschools.org/wellnessexpo
or call 881-5061 ext. 11102.